Inflammatory Bowel Disease (Ulcerative Colitis) - Pathway 3 - Immunosuppressants for use in Adults

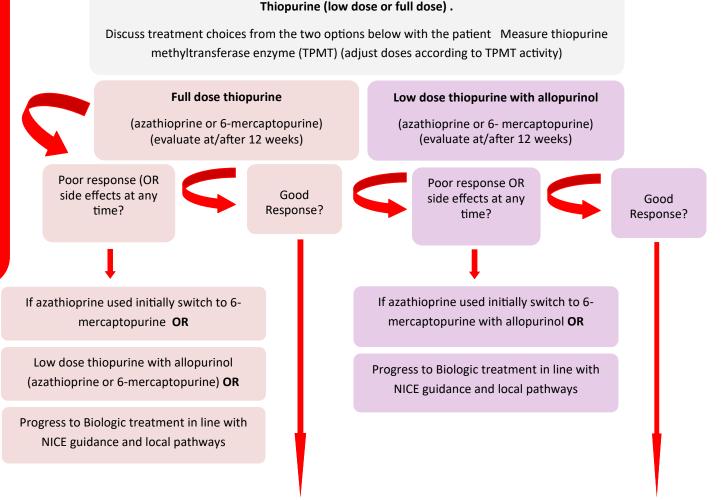
Steroid dependent Inflammatory Bowel Disease i.e. 2nd Course of steroid within 12 months

Acute/Severe - Admit for intravenous hydrocortisone, if no response start intravenous ciclosporin or TNFalpha inhibitors (if ciclosporin contraindication, intolerance or clinically inappropriate) .

For ciclosporin responders continue oral ciclosporin/tacrolimus then add in thiopurines for maintenance.

For TNF-alpha responders already on thiopurines (or intolerant) continue TNF-alpha inhibitors for 1 year.

Progressing to oral tacrolimus or TNFalpha inhibitors plus Thiopurine for maintenance



CONSIDER TRANSFER OF CARE DISCUSS WITH PRIMARY CARE PRESCRIBER & PATIENT

6 monthly review—Reinforce need for skin care and blood monitoring after 4-5 years discuss stopping with an option to re-start treatment as required.

FLARE OR SIDE EFFECTS CONSULT WITH IBD SERVICE.

References:

- 1. Guidelines for the management of inflammatory bowel disease in adults. Mowat C, Cole A, Windsor A et al. Gut (2011): doi:10.1136/gut.2010.224154
- 1. A practical guide to thiopurine prescribing and monitoring in IBD. BMJ Journals, Warner B et al.. Frontline Gastroenterology 2018;9:10-15 doi 10.1136/flgastro-2016-100738